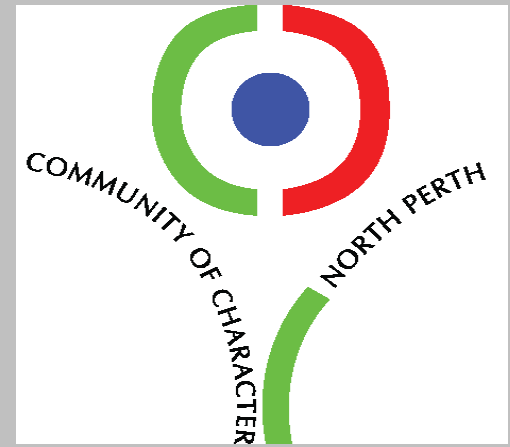


Transitions

Challenging Each Other and Ourselves: Grade 10 Challenge Day ...

About the program ...

At Listowel District Secondary School, Challenge Day is an annual full-day program for Grade 10 students that focuses on trust and acceptance of self and others. Attendees share their experiences and feelings about teen issues such as bullying, drugs, suicide, self-identity, discrimination, social exclusion and communication. As follow-up to Challenge Day, activities throughout the year, in both the school and community, are led by the student Character in Action team. The [North Perth Community of Character](#), a network of local organizations that encourages everyone in the community to work, live and play with character, has endorsed Challenge Day and is a strong supporter of student involvement in local issues.



Impact on student learning and school culture ...

- A more positive school culture was built around the norms of Challenge Day, developing an increased understanding and sense of acceptance among students.
- Student-led activities promoted inclusion, respect, empathy and compassion, with a strong emphasis on the transitions throughout school.
- Students learned to step outside their comfort zone and “get real,” becoming aware of their own actions and more understanding of the actions of others.
- The students’ increased sense of responsibility led to both global awareness and local social action.
- A more positive classroom environment promoted more respectful interaction, thus supporting the risk-taking that is essential for learning.

The Student Challenge ...

- **NOTICE** – Wake up! Notice what's happening.
- **CHOOSE** – Dream it! Create a vision for what you DO want your life to look like.
- **ACT** – Do something! Have the courage and commitment it takes to be the change.

To find out more, contact ...

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