

A.2 All About Me: An Introduction Package for the Elementary Student



All About Me
An . . . INTRODUCTION PACKAGE
For the Elementary Student

Dear Parents:

Please help us to get to know your child better by completing the "All About Me" Introduction Package.

We have provided you with a template to be used as a guide to help you complete the package.

Please:

- ~ include your child's picture or a series of pictures of your child engaged in favourite activities
- ~ follow the progression of headings
- ~ the package can be completed in point form
- ~ link interests, strengths and challenges to strategies that work
- ~ ask your child to personalize his/her "All About Me" Introduction Package (. . . in his/her own words; or by drawing a picture, etc.)
- ~ use any other creative ideas that you feel might help us to know your child.

(Some parents have included videos with the "All About Me" packages so that we could meet your child "in action".)

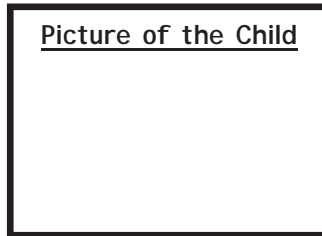
All About Me
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INTRODUCTION

My name is _____. I will be _____ years old
on _____. I will be coming to _____ School
on (date)_____.

Picture of the Child



About Me

Please provide a bit of background information
(place of birth/siblings/...anything !)

Words people use to describe me:
(list as many adjectives as possible)
e.g., happy, funny, bossy, moody

Things people say about me:
(catchy phrases)
e.g., "He makes me laugh!" / "She makes me see things differently."

A.2 (continued)



Things I'm really good at (What I love to do):
(special interests, skills)

These are a few of my favourite things
(list "things")



Things I do for others
(special gifts s/he gives to you)

My Challenges

- Things I do not like:
- Things that distress me:
- Things that make me anxious:
- Things that upset me:
- Things I am not good at:
- Read these "SIGNS"

Strategies that work . . . It would really help me if you could . . .

(Please give ideas, examples and "key" words or phrases that work).

You really need to know:
(any special concerns - diet, a reference to medication,
any other items you wish to highlight)

I'm Looking Forward to doing these things this year:
(expectations) - (parents' target goals)

