

Ministry of Children and Youth Services

Child and Youth Development Branch

Strategic Policy and Planning Division

3rd Floor
101 Bloor St. W.
Toronto ON M5S 2Z7

Tel: 416 212-9887
Fax: 416 326-0478

Ministère des Services à l'enfance et à la jeunesse

Direction du développement des enfants et des jeunes

Division des politiques et de la planification stratégiques

3^e étage
101, rue Bloor Ouest
Toronto ON M5S 2Z7



Ministry of Education

Safe Schools and Student Well-Being Branch

Leadership and Learning Environment Division

15th Floor, Mowat Block
Queen's Park
Toronto ON M7A 1L2

Tel: (416) 325-7645
Fax: (416) 325-2664

Ministère de l'Éducation

Direction de la sécurité dans les écoles et du bien-être des élèves

Division du leadership et du milieu d'apprentissage

15^e étage, édifice Mowat
Queen's Park
Toronto ON M7A 1L2

December 9, 2013

MEMORANDUM TO:

Directors of Education

FROM:

Esther Levy
Director, Child and Youth Development Branch

Marg Connor
Director, Safe Schools and Student Well-Being Branch

SUBJECT:

Student Nutrition Program Expansion

We are writing to tell you about an opportunity to establish new breakfast programs in some of your schools through Ontario's Student Nutrition Program (SNP). Many of your schools already operate breakfast, lunch or snack programs with funding through the 14 Lead Agencies funded by the Ministry of Children and Youth Services (MCYS) and other partner organizations.

As part of government's response to the Healthy Kids Panel, an additional investment of \$3M to SNP will establish over 200 new school breakfast/morning meal programs over two years in higher-needs communities. Over the coming weeks, Lead Agencies will be contacting schools eligible to receive funding as part of this investment. Eligible schools that choose to participate will receive one-time funding for the purchase of equipment and supplies and well as funding for up to 15% of food costs.

The government takes the health of Ontario students seriously, and is committed to helping our children and youth lead healthy, productive lives by providing them with nutritious meals. We request that you notify your Principals that they may be contacted by Lead Agencies to start a breakfast program and encourage their participation in the program.

Please find attached a news release with more information about the program. You may direct further questions about the local implementation of SNP to the respective MCYS Regional Office and/or SNP Lead Agency in your community (list attached).

To be successful in providing our children and youth with nutritious meals so they are ready to learn, we must work together. Your support and encouragement will support the establishment of these important programs.

Sincerely,

Esther Levy
Director
Child and Youth Development Branch
Ministry of Children and Youth Services

Marg Connor
Director
Safe Schools and Student Well-Being Branch
Ministry of Education

Attachments:

SNP Expansion News Release
List of MCYS Regional Offices and SNP Lead Agency Contacts

Healthier Snacks and Meals on the Menu at More Ontario Schools

Province Expanding Student Nutrition Program to Help More Kids Get a Healthy Start

NEWS

October 1, 2013

Ontario is helping more children and youth eat nutritious meals at school so they can be healthier, concentrate better and learn more effectively.

As part of the Healthy Kids Strategy, the province is investing an additional \$3 million in Ontario's [Student Nutrition Program](#) to create more than 200 new breakfast and morning meal programs for approximately 33,000 kids in higher-needs communities, including First Nations communities.

This increased funding will also support the hiring of 14 food distribution and logistics co-ordinators across the province. Co-ordinators will work with new and existing programs to build stronger partnerships with local businesses and food distribution networks resulting in more efficient channels to purchase, transport and store food.

The Student Nutrition Program has been shown to influence overall student health and improve learning and behavioural outcomes. A recent research report found that more than three-quarters of high school students who eat breakfast regularly are on track to graduate, while suspension rates have decreased by half since the implementation of these programs.

Providing nutritious meals and snacks in more schools across the province supports the Ontario government's efforts to give every child a healthy start in life. This is part of the government's economic plan to invest in people, invest in infrastructure and support a dynamic and innovative business climate across the province.

QUOTES

"Nutritious snacks and meals are critical to the success of every child, so this expansion really is an investment in our families and our future. We want all Ontario children to reach their full potential and help build a stronger, more prosperous Ontario."

— Teresa Piruzza, Minister of Children and Youth Services

"The expansion of the Student Nutrition Program will benefit more than 30,000 kids so that they can get the nutritional boost they need to succeed at school. Our commitment to healthy food will help our kids get the best start to a healthy life."

— Deb Matthews, Minister of Health and Long-Term Care

"We know children are healthier and better able to concentrate and learn when they're well nourished. This new investment is really important and will make sure that thousands more Ontario children and youth get a healthy start to the school day and are ready to learn."

— Debbie Field, Executive Director of FoodShare Toronto

QUICK FACTS

- As part of Ontario's [Poverty Reduction Strategy](#) released in 2008, the government has more than doubled its support for the Student Nutrition Program to \$17.9 million in 2012-13.
- During the 2011-12 school year, over 690,000 elementary and secondary school students across the province benefited from more than 4,100 breakfast, lunch and snack programs.
- The [Healthy Kids Panel](#) was appointed in May 2012 as part of the Action Plan for Health Care to advise the government on how to tackle childhood overweight and obesity in Ontario.

LEARN MORE

Ontario's [Student Nutrition Program](#).

[Nutrition guidelines](#) for the Student Nutrition Program.

Ontario's [Action Plan for Health Care](#).

Check out Eat Right Ontario for tips on making healthier food choices.

Nauman Khan, Minister's Office, 416-212-7159
Courtney Battistone, Communications Branch, 416-325-5156
Public info line, 1-866-821-7770

ontario.ca/children-news
Disponible en français

MCYS Region	MCYS Regional Office Contact	SNP Lead Agency Contact	Communities Served
Central East	Larry Elliott Program Supervisor 360 George Street, 2nd Floor Peterborough, ON K9H 7E7 Tel. 705-872-3791 larry.elliott@ontario.ca	Ms. Nicola Lyle SNP Team Leader Peterborough Family Resource Centre 201 Antrim Street Peterborough, ON K9H 3G5 nicolal@pfrc.ca	<ul style="list-style-type: none"> • City of Kawartha Lakes, • Durham Region, • Haliburton, • Northumberland, • Peterborough, • Simcoe, • York Region
Central West	Patty Bingham Program Supervisor 6733 Mississauga Road Mississauga, ON L5N 6J5 Tel. 905-567-7177 ext. 354 1 -877-832-2818 ext. 354 patty.bingham@ontario.ca	Cyndy Jefferson Student Nutrition Program Manager YMCA of Kitchener-Waterloo 161 Roger St Waterloo ON N2J 1B1 cjefferson@ckwymca.ca	<ul style="list-style-type: none"> • Halton, • Peel, • Waterloo, • Wellington, • Dufferin, • Guelph
Eastern	Pierre Sauve Program Supervisor 347 Preston Street, 3rd Floor Ottawa, ON K1S 3H8 Tel. 613-787-3979 pierre.sauve@ontario.ca	Carolyn Hunter Director, Ottawa School Breakfast Program Directrice, Programme des petits déjeuners d'Ottawa Ottawa Network for Education Réseau d'Ottawa pour l'éducation 205-900 rue Morrison Drive Ottawa, ON K2H 8K7 chunter@onfe-rope.ca	<ul style="list-style-type: none"> • Ottawa
		Jennifer Cuillerier Student Nutrition Program Manager Gestionnaire du programme nutritionnel des élèves Upper Canada Leger Centre for Education and training 1500 Cumberland Street Cornwall, ON K6J 4K9 jennifer.cuillerier@uclc.ca	<ul style="list-style-type: none"> • Dundas County, • Glengarry County, • Leeds-Grenville County • Prescott County, • Renfrew County • Russell County, and • Stormont County
Hamilton/Niagara	Ruth Wells Program Supervisor 119 King Street West, 7th Floor Hamilton, ON L8P 4Y7 Tel. 905-521-7893 ruth.wells@ontario.ca	Ms. Wendy Carron Director of Services - Early Childhood Services Haldimand-Norfolk R.E.A.C.H. 101 Nanticoke Creek Parkway P.O. Box 5054 Townsend, ON N0A 1S0 wcarron@hnreach.on.ca	<ul style="list-style-type: none"> • Hamilton, • Brantford, • St. Catharines, • Niagara Falls, • Brant County, • Haldimand and Norfolk County
North East	Peggy O'Connor Program Supervisor 621 Main Street West North Bay, ON P1B 2V6 Tel. 705-495-3846 peggy.oconnor@ontario.ca	Sylvie Dicaire Community Services Coordinator Student Nutrition Program, RespectED Canadian Red Cross Croix-Rouge canadienne Ontario Zone 60 Wilson Ave, Suite 201 Timmins, ON P4N 2S7 Sylvie.Dicaire@redcross.ca	<ul style="list-style-type: none"> • Timmins, • Cochrane District, • Timiskaming District

MCYS Region	MCYS Regional Office Contact	SNP Lead Agency Contact	Communities Served
Northern	<p>Janis Yahn, M.Ph. Program Supervisor 435 James Street South, Suite 111 Thunder Bay, ON P7E 6S7 Tel. 807-475-1225 Fax: 807-475-1295 janis.yahn@ontario.ca</p>	<p>Viviane Degagne Manager/Gérante Community Relations and Development/Relations communautaires et développement Community Living North Bay/Intégration communautaire North Bay 161, rue Main Street East/est., North Bay, ON P1B 1A9 vdegagne@communitylivingnortheastbay.org</p>	<ul style="list-style-type: none"> • North Bay, • Nipissing, • Parry Sound District, • Muskoka District
		<p>Julie Torcaso Coordinator, Student Nutrition Program Algoma Family Services 205 McNabb Street Sault Ste. Marie, ON P6B 1Y3 jtorcaso@algomafamilyservices.org</p>	<ul style="list-style-type: none"> • Algoma District, • Sault Ste. Marie
		<p>Daryl-Ann Sdao Community Services Coordinator Student Nutrition Program & RespectED 111 Johnson Ave Thunder Bay, ON P7B 2V9 Daryl-Ann.Sdao@redcross.ca</p>	<ul style="list-style-type: none"> • Thunder Bay and surrounding areas
		<p>Stephanie Cran Health Promoter Northwestern Health Unit 75-D Van Horne Avenue Dryden, ON P8N 2B2 scrans@nwhu.on.ca</p>	<ul style="list-style-type: none"> • Kenora, • Rainy River
		<p>Angèle Young Student Nutrition Program Regional Manager / Gérante régionale du programme de bonne nutrition des élèves 450 rue Morin Avenue Sudbury, Ontario, P3C 5H6 Nutrition.angele@gmail.com</p>	<ul style="list-style-type: none"> • Sudbury, • Greater Sudbury
South East	<p>Lesley Benderavage Program Supervisor 11 Beechgrove Lane Kingston, ON K7M 9A6 Tel. 613-536-7234 Fax. 613-536-7272 lesley.benderavage@ontario.ca</p>	<p>Kellie Brace Hastings and Prince Edward Learning Foundation 156 Ann Street Belleville, ON K8N 1N9 kbrace@hpedsb.on.ca</p>	<ul style="list-style-type: none"> • Hastings and Prince Edward Counties, • Frontenac, Lennox & Addington Counties, • Lanark County
South West	<p>Ellie Voets-Sterling Program Supervisor (A) 270 Erie Street East Windsor, ON N9A 7E3</p>	<p>Stephanie Segrave Regional Manager VON Canada, Erie St. Clair District 4520 Rhodes Drive, Unit 400</p>	<ul style="list-style-type: none"> • Huron/Perth, • Grey/Bruce, • London/Middlesex, • Elgin,

MCYS Region	MCYS Regional Office Contact	SNP Lead Agency Contact	Communities Served
	Tel. 519-254-5355 ext. 2222 Fax. 519-255-1152 ellie.voets-sterling@ontario.ca	Windsor ON N8W 5C2 stephanie.segave@von.ca	<ul style="list-style-type: none"> • Oxford, • Chatham/Kent, • Windsor/Essex, • Sarnia/Lambton
Toronto	Eliane Nguyen Program Supervisor 477 Mount Pleasant Road, 3rd Floor Toronto, ON M7A 1G1 Tel. 416-325-0691 eliane.nguyen@ontario.ca	Mr. Steven Harper Finance Director Toronto Foundation for Student Success 2 Trethewey Drive, 4th Floor Toronto, ON M6M 4A8 Steven.Harper@tdsb.on.ca	<ul style="list-style-type: none"> • Toronto