

**Ministry of Education**

Mowat Block  
 Queen's Park  
 Toronto ON M7A 1L2

**Ministère de l'Éducation**

Édifce Mowat  
 Queens Park  
 Toronto ON M7A 1L2



**MEMORANDUM TO:** Directors of Education  
 Supervisory Officers and Secretary-Treasurers of School Authorities  
 Director of Provincial Schools

**FROM:** Elizabeth Harding  
 Director  
 Learning Environment Branch

**DATE:** December 16, 2009

**RE:** **Healthy Schools: School Food and Beverage Policy Training**

The Ministry of Education will soon be releasing the School Food and Beverage Policy which represents another important step in an overall plan to help develop healthier lifestyle habits in our children and youth. The nutrition standards set out in this policy were developed in consultation with the education, health, and food industry sectors and embody the principles of healthy eating outlined in Canada's Food Guide.

To assist with implementation of the nutrition standards, the ministry will be providing training for school board teams in January and February 2010. The training is coordinated with the Curriculum Branch's training on the elementary Health and Physical Education (HPE) curriculum, which may be beneficial to you if some of your team members are also designated to attend the HPE curriculum training.

Each board is invited to send up to seven (7) participants to this training. The team of seven should include:

- three board representative (e.g. director/supervisory officer/consultant/coordinator),
- two elementary principals, and
- two secondary principals.

Board teams are invited to attend a training session in their respective region as follows:

Regional Office	Date	Location of Training
Kingston	January 20, 2010	The Harbour at Kingston, 55 Yonge Street, Kingston
Ottawa	January 21, 2010	Centurion Conference Centre, 170 Colonnade Rd. S., Ottawa
Thunder Bay	January 27, 2010	Valhalla Inn, 1 Valhalla Road, Thunder Bay
Dryden	January 28, 2010	Holiday Inn Express, 585 Government Street, Dryden
North Bay	February 3, 2010	Clarion Resort, 201 Pinewood Park Drive, North Bay
Sudbury	February 4, 2010	Holiday Inn, 1696 Regent Street, Sudbury
London	February 10, 2010	Best Western Stoneridge Inn, 6675 Burtwistle Lane, London
Stoney Creek	February 11, 2010	The Grand Olympia, 660 Barton Street, Stoney Creek
Barrie	February 17, 2010	Lions Gate Banquet Centre, 386 Blake Street, Barrie
Toronto and Area	February 23, 2010	Doubletree by Hilton, 655 Dixon Road, Toronto

There will be one French language session held on February 24, 2010. The training session will be held in Toronto at the Doubletree by Hilton, located at 655 Dixon Road.

Board costs associated with attending this training will be reimbursed as per Ministry guidelines.

Funding will also be provided to school boards to train their remaining elementary and secondary principals. More information on the funding will be available in the coming weeks.

Please send the names of the representatives from your board to Eva Silva at [Eva.Silva@ontario.ca](mailto:Eva.Silva@ontario.ca), or call her at 416-325-4753. Please indicate whether they will require overnight accommodation. We would appreciate receiving these details as soon as possible and no later than January 8, 2010.

Thank you,

*Original Signed by*

Elizabeth Harding  
Director

c: Ministry of Education Regional Office Managers